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TOTR OFFERS FREE VOCAL LESSON PROGRAM TO NEWCOMERS  
IN JANUARY  
Singing offers joy and numerous health benefits

LITTLE ROCK— Here is a deal for those who wish to improve their physical, emotional and mental well-being in the New Year: Top of the Rock Chorus offers a free four-week vocal lesson program in January to any interested female singers.

Any Central Arkansas woman who would like to try out for membership with the chorus is invited to attend the weekly rehearsals on Tuesday nights, beginning Jan. 5 and continuing through Jan. 26, and receive special vocal training at no charge. This program is designed to introduce newcomers to the art and methodology of four-part harmony, a cappella singing, including vocal range evaluation, pitch development and breathing techniques. No advance preparation is necessary, but the ability to read music is a plus. There is no obligation to commit to future rehearsals or full-fledged membership.

The chorus meets at 7 p.m. each Tuesday night, at Woolly Auditorium at the Arkansas School for the Blind, 2600 West Markham, Little Rock.

“There is growing evidence that singing improves mental acuity, reduces stress and aides in overall fitness and a general sense of well-being,” said Kelly Causey, one of Top of the Rock’s directors. “Plus, as chorus members, we have always known that it brings a tremendous amount of joy to both the singers and the audiences. So we like to make this audition window available to any interested female singer who would like to try singing with us.”

Top of the Rock Chorus is Central Arkansas's award-winning barbershop chorus for women. Most recently, it earned the number-two spot in the midsize chorus division in the world at the Sweet Adelines International Harmony Classic competition in Nashville, Tenn. Under the long-time directorship of Peggy Gram and Kelly Causey, it has consistently placed among the top five in its region and qualified for international competition six times. Founded in the early 1960's, Top of the Rock is a full-charter member of Sweet Adelines International with more than 60 members.

Sweet Adelines International is the world's largest and most respected women's singing organization with almost 26,000 members in the United States, Canada and 12 other countries. Members of the 600 choruses and 1,200 quartets benefit from superb vocal education, opportunities to perform in concerts, the chance to participate in regional and international competitions and—above all—the privilege of continuing the uniquely American art form of barbershop music.

For additional information, contact Jessica Moser, membership chair at 501-258-1389 or e-mail [jess1199@comcast.net](mailto:jess1199@comcast.net). Or visit the website at [www.topoftherockchorus.com](http://www.topoftherockchorus.com).

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